

Ardnahoe

A strathspey for three couples in a three couple set

- 1-4 1st and 2nd couples dance right hands across once round, finishing in the middle of the set facing down, with nearer hands joined
- 5-8 2nd couple followed by 1st couple dance down and cast up round 3rd couple, 2nd couple dance up to 1st place and 1st couple finish in 2nd place
- 9-12 1st and 3rd couples dance left hand across once round, finishing in the middle of the set facing up, with nearer hands joined
- 13-16 1st couple followed by 3rd couple dance to top and cast off, 1st couple dancing down to 3rd place, 3rd couple into 2nd place
- 17-20 1st couple set and cast up to 2nd place. 3rd couple step down 19-20
- 21-24 1st man and 3rd woman, 1st woman and 2nd man passing left shoulder to begin, 1st man with 3rd couple and 1st woman with 2nd couple dance half reel of three across the dance, 1st couple finishing in 2nd place, opposite sides, 1st man facing up, 1st woman facing down
- 25-28 1st man and 2nd man, 1st woman and 3rd woman passing right shoulder to begin, 1st couple dance half reel of three on the sidelines, 3rd and 2nd couples curving into place at the end
- 29-32 3rd, 2nd and 1st couples half turn with two hands, and, pulling right shoulder back, dance out to place on own sides