

Betty's Delight

32 bar strathspey for 3 couples in a four-couple set

Devised by Christopher Harris, Zurich, 1990

Inscribed to Elizabeth Anne Hounsfield for the occasion of her 50th birthday

| Bars | DESCRIPTION |
|---------|--|
| 1 – 8 | 1st couple, taking nearer hands, dance down between the 2nd couple, cast off around the 3rd couple. Taking nearer hands, dance up between the 3rd couple and cast up around the 2nd couple to original places. |
| 9 – 10 | 1st couple, giving right hands, cross over to opposite sides in 2nd place. 2nd couple step up. |
| 11 – 12 | 1st man cast off around 3rd woman to finish between the 3rd couple while 1st woman cast up around 2nd man to finish between the 2nd couple. |
| 13 – 16 | 1st couple turn once-and-a-quarter times with both hands to own sides in 2nd place. |
| 17 – 18 | 1st woman with 2nd couple, 1st man with 3rd couple dance right hands across half-way to finish with the 1st woman above the 2nd couple and 1st man below the 3rd couple. |
| 19 – 20 | 1st couple cast to 2nd place on own sides while 2nd and 3rd couples turn half-way round with both hands, opening out to: |
| 21 – 22 | 2nd, 1st and 3rd couples circle half-way round to the left. |
| 23 – 24 | 3rd, 1st and 2nd couples turn half-way round with right hands, finishing ready for: |
| 25 – 32 | Allemande for 3 couples. |

Repeat, having passed a couple