

Miss Adele's Delight

A 48 Bar Jig Medley for four couples

Part 1:- A Slow Jig

<i>bars</i>	<i>movement</i>
1 - 2	1 st couple advance for one step, join right hands momentarily, and retire for one step.
3 - 4	1 st couple, giving left hands, cross over. 1 st woman remains facing out, 1 st man faces in.
5 - 8	1 st woman casts off one place, dances up between the 2 nd couple and casts off into second place on her own side. 1 st man dances across the top of the set and casts off into second place on his own side. 2 nd couple step up on bars 7 & 8.
9 - 10	1 st couple advance for one step, join right hands momentarily, and retire for one step.
11 - 12	1 st couple, giving left hands, cross over.
13 - 16	1 st couple dance a half figure of eight up through the 2 nd couple. 1 st couple are now in second place on their own side.
17 - 24	1 st and 2 nd couples dance the knot. 1 st couple end between 2 nd couple, 1 st woman facing the 2 nd man and 1 st man facing the 2 nd woman.

Part 2:- A Lively Jig

<i>bars</i>	<i>movement</i>
1 - 12	1 st couple dance the spurtle with 2 nd , 3 rd and 4 th couples. 1 st couple turn by right hand on bars 11 & 12 to end in fourth place on the opposite side of the dance.
13 - 14	All four couples, giving right hands, cross over.
15 - 16	All dance eight hands round to the left.
17 - 20	All dance into the centre for one step, then, pulling right shoulder back, all dance out clockwise in a chase.
21 - 24	All dance eight hands round to the left to end on own side of the dance. The order is now 2, 3, 4, 1.

Repeat the dance with a new first couple.

Inscribed to Adele Moorman and James Polk to celebrate their marriage on the 21st November 1981.

Suggested music: Give Me Your Hand (Rory Dall Morrison, ca. 1590-1653)
Planxty Denis O'Connor (Turlough O'Carolan, 1670-1738)

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