

Mrs Elspeth Sinclair's Strathspey

A 32 Bar Strathspey for three couples in a three couple set

bars	movement
1 - 2	1 st , 2 nd and 3 rd couples, taking hands on the side, set.
3 - 6	1 st couple lead down two places, cross over, and cast up into second place on the opposite side. At the same time, 2 nd couple set and cross down into third place on the opposite side. At the same time, 3 rd couple cast up two places and cross over to the opposite side.
7 - 8	1 st , 2 nd and 3 rd couples, taking hands on the side, set.
9 - 12	1 st and 3 rd couples dance a diagonal half reel of four. To begin, 1 st woman and 3 rd man pass each other by the left shoulder in the centre and then partner by the right. (Figure 1 - <i>not yet available</i>)
13 - 16	1 st and 3 rd couples dance a half poussette. On bar 16, 1 st couple turn to finish in second place on the opposite side. 3 rd couple finish in first place on their own side.
17 - 20	1 st and 2 nd couples dance a diagonal half reel of four. To begin, 1 st man and 2 nd woman pass each other by the left shoulder in the centre and then partner by the right. (Figure 2 - <i>not yet available</i>)
21 - 24	1 st and 2 nd couples dance a half poussette. On bar 24, 1 st couple use turn to finish in second place on the opposite side, facing out. 2 nd couple finish in third place on their own side.
	The order is now 3, 1, 2.
25 - 32	1 st woman casts up around 3 rd man while first man casts down around 2 nd woman. 1 st couple dance into the centre and turn once around with both hands. 1 st woman dances up between 3 rd couple and casts around 3 rd woman to finish in second place while 1 st man dances down between 2 nd couple and casts up around 2 nd man to finish in second place.

Repeat from the new positions.

Inscribed to Elspeth and Bill Sinclair of the Pittsburgh Scottish Country Dance Society.

Suggested music: Countess of Dalhousie (Neil Gow Junior)



Figure 1.

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