Skaters' Strathspey

32 strathspey for four couples in a four-couple longwise set

Bars	Description
1-8	1st and 3rd couples in promenade hold, lady on the left, dance reels of three across the dance with the 2nd and 4th couples, giving right shoulder to 2nd and 4th men. 1st couple finish in their own places, facing down.
9-16	Mirror reels of four on own sides (1's and 3's dancing in and down, 2's and 4's out and up). All couples finish ready for a promenade.
17-24	All four couples promenade to place.
25-28	1st couple casts off on own sides to 4th place. 2nd, 3rd, and 4th couples dance up one place.
29-32	All four couples turn with the right hand for four bars.
	Repeat from new positions.

Music: (not stated, but Dalkeith's Strathspey works well)

The purpose of this dance is to perform the strathspey on ice skates. To this end, we used as many continuously flowing formations as we could. So that nobody freezes, we wanted all four couples moving as much as possible. We also wanted to be able to dance this on a regular dance floor, as well as on ice.

Devised by Tony Lambert and Diane Munier, January 1996.

E-cribs Team Comment:

- original instructions from the Wayback Machine on August 23, 2007;
- · nothing has been changed in the description itself;
- team@e-cribs.org