

# The Avalon Waltz

## A 16 bar Waltz

**FORMATION:** Circle, all facing in, each "man" should have a partner on the right.

<b>bars</b>	<b>description</b>
1 - 2	All step to left (counts 1 & 2) and close right foot to left (count 3); repeat.
3	All step to left (counts 1 & 2) and bring right foot to left foot with a small stamp (count 3).
4	All stamp on left foot (count 1) and pause (counts 2 & 3).
5	All step to right (counts 1 & 2) and close left foot to right (count 3).
6	All step to right (counts 1 & 2) and bring left foot to right without changing weight (count 3).
7	Keeping nearer hands joined with partner, all step back on left foot away from the centre (counts 1, 2 & 3)
8	Men, turning one quarter to the right, close right foot to left foot; women, turning one quarter to the left, bring right foot to left foot without changing weight (counts 1, 2 & 3). Finish facing partner with both hands joined.
9 - 10	Dance one waltz side-step towards the centre, and one waltz side-step away from the centre.
11 - 12	Dance one waltz side-step towards the centre, and then cast, man to the left, woman to the right, to face new partner.
13 - 14	Joining right hand in right with new partner, balance forward and back.
15 - 16	Change places, women turning under men's right arms, and then join hands in a circle to repeat the dance.

*It is not necessarily the case that single people will waltz with other single people particularly if the class, group, or function, contains an excess of one of the genders!*

*This dance was composed as a way to allow everyone to waltz at the end of a social dance programme. It is based on the movements of the St. Bernard's Waltz.*

*The dance should be danced no more than 8 x 16.*

**Music:** The Avalon Waltz (© 1996, Bruce Shawyer)

**Recorded Music:** When I first devised the dance, I used *The St. Bernard's Waltz* recorded by Bobby Brown and The Scottish Accent on "Grandfather Mountain Gala". In Australia, July 2002, I used *The Hibiscus Waltz* recorded by Andrew Imbrie, Susan Worland Bentley, and M. Bentley on "The March Hare" - however, with this recording the dance should be stopped after no more than 8 repetitions. Otherwise, any good 16 or 32 bar waltz should do.

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