

Helen's Fortieth Flourish

A 40 bar reel for 3 couples in a 4-couple set

- 1-2 1st and 2nd men change places LH, 1st and 2nd ladies change places RH (1st couple going outside)
- 3-4 1s cross RH
- 5-6 1st lady and 3rd man change places LH, 1st man and 3rd lady change places RH (1st couple going outside)
- 7-8 All set with Edinburgh flourish
- 9-16 Repeat back to place (1st couple always going outside)
- 17-18 1st lady and 2nd man cross diagonally
- 19-20 2nd lady and 3rd man cross diagonally
- 21-22 All chase clockwise for one place
- 23-24 All cross RH turning lady under the arm
- 25-32 Circle to the left and back
- 33-36 1s and 2s half rights and lefts
- 37-38 1s and 2s cross RH turning lady under the arm
- 39-40 All set with Edinburgh flourish

This dance was devised by Hazel Convery in celebration of the 40th birthday of Helen McGinley. Both are members of Dublin Scottish Country Dance Club.