

The Lady

**a strathspey in 32 bars for 3 couples in a longwise set
recommended tune: any suitable strathspeytime music**

- 1 - 6 1st couple set to each other, cross over giving right hand and cast off one place. 2nd couple step up on bars 5 and 6
- 7 - 8 2nd, 1st and 3rd couple cross over giving right hand and....
- 9 - 10 ... cast out to the sidelines pulling right shoulder back
- 11 - 14 2nd, 1st and 3rd couple dance half six hands round to the left
- 15 - 16 1st couple turn by the right hand finish facing 2nd corners
- 17 - 20 Second corners pass and turn. On bar 20, 1st couple turn each other quickly with right hand to face 1st corners
- 21 - 24 First corners pass and turn. At the end, 1st couple dance to second place on own side
- 25 - 32 3rd, 1st and 2nd couples dance 'The Knot'
- repeat having passed a couple

devised by R. Spägele and C. Rembold for Karin Schnabl
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