The Langdon Knot

32 bar strathspey for 3 couples in a 4-couple set

by Tim Wilson, 2006

- 1-8 1st couple set, turn with right hands once round to face down, lead down below 3rd couple and cast up to second place on own side. 2nd couple step up on bars 7-8.
- 9-16 2nd, 1st, and 3rd couples dance a "Dolphin" Figure of Eight across the dance:

Men set as women dance across and slightly down to the men's side on bar 9 and pull back right shoulders to face own side at the end of bar 10, women dance across to the ladies' side and slightly down (followed closely by partners) and all pull back left shoulders to face the men's side at the end of bar 12, men dance across to the men's side and slightly down (followed closely by partners) and men pull back right shoulders to face partners at the end of bar 14, all turn partners with right hands to finish in the center facing up.



- 2nd, 1st and 3rd couples promenade, on bars 23-24, 2nd couple cast off into second place and 1st couple lead up to first place. 3rd couple dance for all 8 bars.
- 25-32 1st and 2nd couples dance rights and lefts halfway (with polite turns), and turn partners with both hands one and a half times to own side.

Repeat, having passed a couple.

Music: "Susie Langdon Kass" ©Scotscores 2006 (Muriel Johnstone).

Note: For Susie Langdon Kass on the occasion of her significant birthday. Susie's husband Sid commissioned the tune by Muriel Johnstone. Susie was my first teacher (as she was for many dancers in the Bay area) and is a tireless and enthusiastic promoter of Scottish Country Dancing. She is well known for teaching "The Langdon Knot" to any (and all) who have yet to learn this very secure way of tying shoelaces. The figure in bars 9-16 reminds me of tying a knot and is evocative of the central figure in John McAlpin one of Susie's favorite dances. A Ramsay herself, another of Susie's favorites is Lady Lucy Ramsay which is the source for the last 8 bars.